

Strong style

Sports bras to help you win your workout

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With all of the different ways to get active and exercise these days, it's can be difficult to decide which style sports bra is best. From Pilates to running, we've got you covered.



■ The strappy infinity bra is great for yoga or Pilates. **\$58** at freepeople.com.



■ The Aerie Chill hi-neck sports bra has a message that will get you through your next tough workout. **\$17.47** at ae.com.



■ You'll make a splash in the Made Right women's graphic printed cami bra. **\$19.99** at Target.



■ The Medium Impact mesh sports bra has a super sporty look. **\$10.43** at Forever 21.



■ Nike women's pro core Indy compression sports bra comes in a variety of two-toned bright colors. **\$31.50-\$35** at Dick's Sporting Goods.



■ Amoena performance soft cup bra can be worn under sheer tops. **\$58** at nordstrom.com.

■ Make a statement with the cool Beyond Yoga ombre mesh bra. **\$82** at anthropologie.com.



■ The Conair Waterfall foot spa has a blue LED light, two foot rollers and attachments for exfoliation. **\$59.99** online only at jcpenney.com.



■ The Tweezerman mini nail rescue kit fits easily into a pocket or purse for a quick fix. **\$30** at tweezerman.ca.



■ Tropical Shine's Lips Trendy nail file is washable and reusable. **\$1.39** at sallybeauty.com.



■ Ideal for travel, this Rejuvenate nail treatment kit includes a cuticle treatment, buffer, file and mineral hand treatment. **\$80** at arianna-skincare.com.

Nailed it!

Show off your DIY digits

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In warm weather, sandals are a stage for our feet. Keep both your fingers and toes in well-manicured shape with these at-home tools.



■ Keep your toes separated in style while your polish dries with Dip into Pretty's silicone separators. **\$12.99** at dipintopretty.com.



■ Soothe tired feet with reusable Soakees, which slip on and tie securely. They even come with foot salts. **\$19.95** at soakees.com.



■ Use Dr. Canuso's daily exfoliating cleanser to deodorize and smooth rough feet. **\$29.95** at drcanuso.com.



■ Red Carpet Manicure's Color Dip powder is an easy way to polish your nails. Apply the base coat, dip each nail into the powder and apply an activator and top coat for 21 days of wear. **\$34.99** at ulta.com.



■ Memento's manicure extender gel-like formula protects nail polish from chipping and adds a high-gloss shine. **\$16** at dermelect.com.